



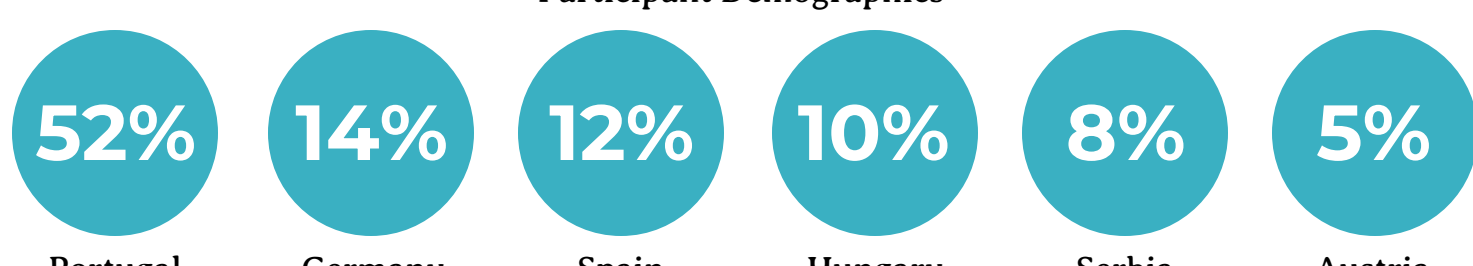
Anti-Bullying Movement Series (ABMS)

ABMS brought together 6 European non-profit organizations to use art and culture to disrupt bullying in youth-at-risk by increasing the skills and competencies of artists, educators, youth workers, educational leaders, and support staff that serve youth-at-risk. ABMS featured 7 adult learning, teaching, and training sessions that focused on fostering social inclusion and augmenting the skillsets of our participants in disrupting bullying behaviours in youth-at-risk through movement.

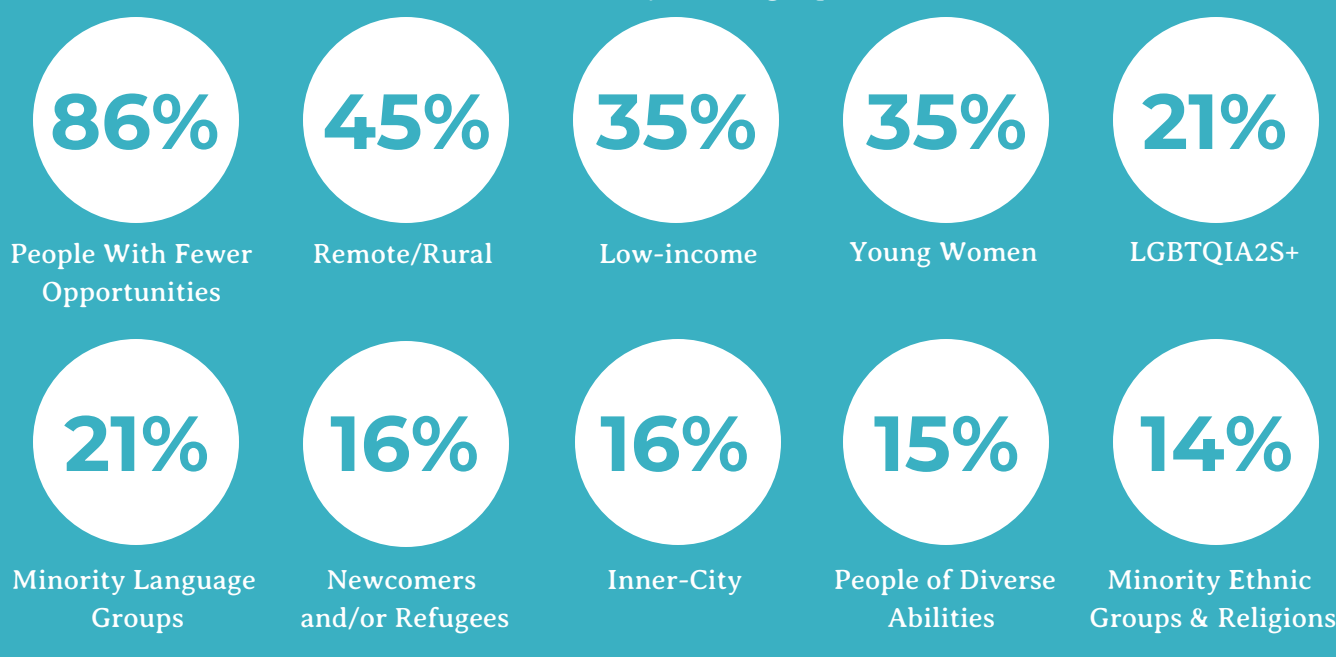
Across 35 Training Days and 5 Festivals Days, we reached

321 PARTICIPANTS

Participant Demographics



Vulnerability Demographics



100% of participants had a positive experience in participating in our training(s).

99% of participants have a better understanding of how arts and culture can be used to challenge our point of view and expand our understanding of others (in particular reference to bullying).

96% of participants detailed the art and culture methodologies and social value skills they learned could be applied to arts education and tied into course curriculum in their community.

96% of participants were more aware of the shortcomings of arts education course curriculums.

94% of participants gained any new knowledge about how to use facial expressions, tone of voice, and body language to promote belonging.

94% of participants are more aware of how arts education course curriculums in their region could better relate to disrupting bullying.

93% of participants felt a new inspiration to use their arts and culture practice to disrupt bullying.

93% of participants felt our training(s) increased their ability to reorient negative behaviours into positive ones (for example: inclusion, empathy, standing up, compassion).

93% of participants felt a new inspiration to use their arts and culture practice to disrupt bullying.

87% of participants feel inspired to include different vulnerable groups in their work (for example: remote & rural populations, LGBTQIA2S+, minority language groups, minority ethnic groups, low-income youth).

OUR IMPACT

- 1** LTTs: ABMS provided 7 informal learning, teaching, & training events. (LTTs) to hundreds of international youth workers, educators, artists, & support staff (EU-based & beyond individuals) that work with a myriad of vulnerable youth around the world.
- 2** INTERNATIONAL SCOPE: While our 6 partner countries were from Europe, our program engagement had international reach as many blended mobility adult learners paid for their own costs to attend our LTTs, so our activities became effective anti-bullying trainings not just at the EU level, but internationally—beyond our expectations at the time of application!
- 3** POLICY PAPER: To ensure the legacy of the knowledge of our project, ABMS concluded with a policy paper, so that participants had a concrete tool to use to disrupt bullying after the project close. They could use this paper as a learning resource, but also to lobby their networks, policy makers to help make curricular improvements.

"These experiences have been truly transformative, allowing me to engage deeply with diverse topics such as merging methodologies for vulnerable populations, promoting cultural safety and addressing cyberbullying, cross-cultural sharing through dance with a focus on youth, applying choreology to disrupt behaviours, and creating powerful partnerships for socially conscious art-making...The knowledge and connections I've gained from these events are invaluable assets that continue to inspire me in my journey of fostering inclusion, empathy, and cooperation among youth."

"As a professional in the performing arts industry, these training experiences have significantly enhanced my understanding of how arts and culture can serve as potent tools for challenging our perspectives and fostering greater empathy towards others, particularly in the context of bullying. Through these engagements, I've gained a profound appreciation for the capacity of artistic expression to elicit emotions and encourage self-reflection, ultimately enabling us to approach complex issues like bullying from various vantage points."

"Just alone the experience of working together with people from different backgrounds allowed us to create a mutual understanding and respect of one another. While creating art you always use your personal identity so the process of creating or presenting art allowed us to get a better understanding of others. especially when similarities and differences were pointed out and appreciated."